

St. Croix Avis.

75TH YEAR.

CHRISTIANSTED, V. I. U. S. A., SATURDAY 14TH AUGUST 1920.

No. 187.

THE ST. CROIX AVIS

is printed and published daily (Sundays and Holidays excepted) by G. Johansen at the Avis Office.

TERMS---50 cents monthly in advance.
2 cents per single copy.

Entered as second-class matter May 26th 1917 at the Post Office at Christiansted, St. Croix, V. I. of the U. S. A., under the Act of March 3, 1879.

Contribution to this paper will be gladly received when the same deals with matters of general interest, and is accompanied with the author's name, as a guarantee of good faith. The editor cannot be responsible for the views of his correspondents nor does he necessarily endorse them.

NOTICE.

OWNERS of the Third Liberty Loan Coupon Bonds delivered to us for forwarding for exchange are hereby informed that the permanent Bonds have been received, and will be delivered upon presentation and surrender of the temporary receipts issued.

THE NATIONAL BANK OF THE DANISH WEST INDIES.

Christiansted, the 12th August 1920.

FOR SALE.

EST. MT. PELLIER (East)

With dwelling house & Village

263 Acres Total

100 " Rented out

100 Head of Cattle of which 60 are cows.

The land will be sold either as a whole or in lots of not less than 2 acres.

Apply to

A. W. ELLIOT.
Beeston Hill.

For good appetite and good digestion use
Dr. Ross' Life Pills.

Readers, No. 20-17.

Why Women Grow Old More Quickly Than Men

Greater Percentage of Anaemia—Lack of Iron in the Blood—Among Women Makes Them Lose Much of Their Youth, Beauty and Former Attractiveness, And Become Fretful, Nervous and Run-down—

What Women Need Is Not Cosmetics or Stimulating Drugs But Plenty of Pure Red Blood Rich in Iron.

Physician Explains How Organic Iron—Nuxated Iron, Enriches The Blood, Strengthens The Nerves, Builds Up Physical Power and Often Makes Weak, Pale Careworn Women Look and Feel Years Younger.

Look for the woman who appears younger than a man of the same age and you will find the exception to that vast majority upon whom anaemia—lack of iron in the blood—has fastened its grip and is gradually sapping the health, vitality and beauty which every woman so longs to retain. In most cases men safeguard their health better than women by eating coarser foods, being more out-of-doors and leading more active lives, thereby keeping their blood richer in iron and their bodies in better physical condition. The very moment a woman allows herself to become weak, nervous and run-down she is placing a drain upon her whole system which overtakes the power of the blood to renew wasted tissue and keep active the natural life forces of the body. There are thousands of women who are ageing and breaking down at a time when they should be enjoying that perfect bodily health which comes from plenty of iron in the blood, simply because they are not awake to their condition. For want of iron a woman may look and feel old at thirty, pale, haggard and all run-down—while at 50 or 60 with good health and plenty of iron in her blood she may still be young in feeling and so full of life and attractiveness as to defy detection of her real age. But a woman cannot have beautiful rosy cheeks or an abundance of strength and endurance without iron, and physicians below have been asked to explain why they prescribe organic iron—Nuxated Iron—to help supply this deficiency and aid in building a race of stronger, healthier women.

Dr. James Francis Sullivan, formerly physician of Bellevue Hospital (Outdoor Dept.), New York, and the Westchester County Hospital says: "As I have said a hundred times over, organic iron is one of the greatest of all strength builders. Many a woman who is run-down easily tired out, nervous and irritable, suffers from iron deficiency and does not know it. I am convinced that there are thousands of such women who, simply by taking Nuxated Iron might readily build up their red corpuscles, increase physical energy, and get themselves into a condition to ward off the millions of disease germs that are

almost continually around us. Like doubtless hundreds of other fellow physicians, I have prescribed Nuxated Iron many, many times, and I have seen frequent instances where it gave renewed strength, and energy, increased power and endurance, steady nerves, and the rosy bloom of health in about ten days or two weeks' time. I consider Nuxated Iron one of the foremost blood and body builders—the best to which I have ever had recourse."

Among other physicians asked for an opinion was Dr. George H. Baker, formerly Physician and Surgeon Monmouth Memorial Hospital, New Jersey, who says: "What women need to put roses in their cheeks is



At 20 Years



At 30 Years



At 40 Years

the springtime of life into their step is not cosmetics or stimulating drugs but plenty of pure blood. What out it is, women can do credit to herself or to her work. Iron is one of the greatest of all strength and body builders, and I have found nothing in my experience so effective for helping to make strong, healthy, red-blooded women as Nuxated Iron. From a careful examination of the formula and my own tests of Nuxated Iron I feel

convinced that it is a preparation which any physician can take himself or prescribe for his patients with the utmost confidence of obtaining highly beneficial and satisfactory results."

Dr. Ferdinand King, a New York Physician and Medical Author says: "In my opinion there can be no healthy, rosy-cheeked women without iron. I have strongly emphasized the fact that doctors should prescribe more organic iron—Nuxated Iron—for their nervous, run-down, weak, haggard looking women patients. Anaemia—iron deficiency—is the greatest curse to the health, strength, vitality and beauty of the modern American woman. Lack of iron in the blood may often transform a beautiful, sweet-tempered woman into one who is cross, nervous and irritable—one who makes life a burden to herself, unbearable for her husband, and disagreeable for her children. When the iron goes from the blood of women, the roses go from their cheeks."

MANUFACTURERS' NOTE: Nuxated Iron which is prescribed and recommended above by physicians is not a secret remedy, but one which is well known to druggists. Unlike the older inorganic iron products it is easily assimilated, does not injure the teeth, make them black nor upset the stomach. The manufacturers guarantee successful and entirely satisfactory results or they will refund your money. It is dispensed in this city by all good druggists.

**DISTRIBUTORS: APOTHECARY HALL.
ST. THOMAS.**