

St. Croix Avis

76TH YEAR.

CHRISTIANSTED, V. I. U. S. A., SATURDAY 3RD SEPTEMBER 1921.

No. 206.

THE ST. CROIX AVIS

is printed and published daily (Sundays and Holidays excepted) by G. Johansen at the Avis Office.

TERMS - 50 cents monthly in advance
2 cents per single copy.

Entered as second-class matter May 26th 1917 at the Post Office at Christiansted, St. Croix, V. I. of the U. S. A., under the Act of March 3, 1879.

Contribution to this paper will be gladly received when the same deals with matters of general interest, and is accompanied with the author's name, as a guarantee of good faith. The editor cannot be responsible for the views of his correspondents nor does he necessarily endorse them.

American Red Cross.

Washington, July 17th.—With the population of large areas in Central and Eastern Europe facing a winter of raggedness even more serious than they have already known, the American Red Cross and the American Friends' Service Committee (Quakers) have joined hands in a nation-wide effort to provide clothing for these victims of the aftermath of war. Through the collection from American families of serviceable used garments for men, women and children of all ages and the production and reconstruction of clothing for children by volunteer workers in Red Cross chapters this summer it is hoped this imperative assistance to the helpless will be accomplished.

The bulk of children's clothing collected will be distributed by the American Red Cross in connection with the work of its child welfare units, to which its operations in Europe are now confined. These stations for medical attention to children whose health has been wrecked by years of privation are being established in Poland, the Baltic States, Czecho-Slovakia, Austria, Hungary, Montenegro, Albania and Greece. The greater part of the clothing for adults, in addition to children's garments will be distributed by missions maintained by the American Friends in Poland, Russia, Germany and Austria.

Relief workers in the field agree that there has never been greater need of helping literally millions who, through lack of materials and the exchange situation, are utterly unable to replace with

adequate clothing the rags that are all their families have. The need of the children is particularly acute as the feeding and medical assistance that have been provided will be neutralized if their bodies are not properly protected against the rigors of winter. It is conservatively estimated that two million children, many of them babies in arms, are in imperative need of decent clothing. As their contribution toward meeting this situation Red Cross chapters throughout the United States are endeavoring to provide 2,000,000 children's garments and 250,000 layettes.

Families wishing to dispose of discarded clothing in a way that will help the otherwise helpless can do so by turning it over to the nearest Red Cross chapter. There should be sent, however, only such clean plain garments or shoes (tied in pairs) as are still in sound condition, serviceable enough to warrant the expense of transporting them to Europe. While summer weights of clothing will be welcome and will prove useful it is obvious that winter garments will be still more acceptable.

Contributors of clothing may designate any of the countries named above

Physician Explains Who Should Take Nuxated Iron

Practical Advice on How To Help Build Up Great Strength, Energy and Endurance

"Lack of iron in the blood not only makes a man a physical and mental weakling, nervous, irritable, easily fatigued, but it utterly robs him of that virile force, that stamina and strength of will which are so necessary to success and power in every walk of life," says Dr. James Francis Sullivan, formerly physician of Bellevue Hospital (Outdoor Dept.), New York, and the Westchester County Hospital. "It may also transform a beautiful, sweet-tempered woman into one who is cross, nervous and irritable. I have strongly emphasized the great necessity of physicians making blood examinations of their weak, anaemic, run-down patients. Thousands of persons go on year after year suffering from physical weakness and a highly nervous condition due to lack of sufficient iron in their red blood corpuscles without ever realizing the real cause of their trouble. Without iron in your blood your food merely passes through the body something like corn through an old mill with rollers so wide apart that the mill can't grind."

"For want of iron you may be an old man at thirty, dull of intellect, poor in memory, nervous, irritable, and all 'run down,' while at 50 or 60 with plenty of iron in your blood

you may still be young in feeling, full of life, your whole being brimming over with vim and energy."

It is sure the iron you take is organic iron—Nuxated Iron—and not metallic iron which people usually take. Organic iron—Nuxated Iron—is like the iron in your blood and like the iron in spinach, lentils and apples, while metallic iron is iron just as it comes from the action of chemicals on small pieces of iron filings and is therefore an entirely different thing from Nuxated Iron. Nuxated Iron represents organic iron in such a highly concentrated form that one dose is estimated to be approximately equivalent (in organic iron content) to eating one-half quart of spinach, one quart of green vegetables or half a dozen baked apples. It is like taking extracts of beef instead of eating pounds of meat.

Over 4,000,000 people annually are using Nuxated Iron. It quickly helps make rich red blood, revitalize worn-out exhausted nerves and give increased strength and energy. Your money will be refunded by the manufacturers if it does not produce satisfactory results.

For sale by all druggists.

NUXATED IRON ENRICHES THE BLOOD—GIVES YOU NEW STRENGTH AND ENERGY

DISTRIBUTORS: APOTHECARY HALL, ST. THOMAS.

to which they wish garments sent and so far as circumstances permit this will be done.

Publication.

THE District Court of the Virgin Islands of the United States, will hold the September Term of Court, which is one of the regular terms of the said District Court, at the following times and places, to wit:

For the Sub-Judicial District of Christiansted. At Christiansted, Thursday September 15, at 10 o'clock A. M., sitting at Government House.

For the Sub-Judicial District of Frederiksted. At Frederiksted Monday September 19, at 10 o'clock A. M., sitting at the Fort.

At which times and places all interested persons are notified to be present.

Done at Christiansted, St. Croix, Virgin Islands, this 24th day of August 1921.

J. F. HENRY,
Clerk of the District Court.