

St. Croix Avis

75TH YEAR.

CHRISTIANSTED, V. I. U. S. A., SATURDAY 6TH NOVEMBER 1920.

No. 228.

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Contribution to this paper will be gladly received when the same deals with matters of general interest, and is accompanied with the author's name, as a guarantee of good faith. The editor cannot be responsible for the views of his correspondents nor does he necessarily endorse them.

THE EAST ASIATIC COMPANY LTD.

THE FOUR MASTED SCHOONER "DANA"

from Copenhagen is expected in St. Thomas momentarily accepting freight and passengers for Ponce, San Juan, San Pedro de Macoris, St. Domingo City, Jacmel, Kingston and probably Port-au-Prince.

Motor Ship "ANNAM"

from Copenhagen is expected in St. Thomas about the end of this month accepting Freight for Cristobal (Panama Canal) and San Francisco.

S. S. "TRANQUEBAR"

for Copenhagen due in St. Thomas late in December accepting Freight.

AGENTS:—

JEAN PETERSEN, HANS BOJE,
Frederiksted. Christiansted.

NOTICE.

PARTIES having claims against the estate of CHRISTIAN JAMES who died in St. Thomas on July 30, 1920, are hereby notified to file their claims with the undersigned Court within three months from date, after which time no claims against said estate will be paid.

Dealing Court for St. Thomas and St. John, St. Thomas, October 29, 1920.

THIELE,
Judge.

It Is Iron In The Blood That Makes Iron Muscles Like These--

Physicians Below Explain a Secret of the Great Power and Endurance of Athletes—Tell How Organic Iron—Nuxated Iron Helps Build Rich, Red Blood That Gives Physical Strength and Energy To Go In and Win

To touch the arm of a strong, sturdy man—to feel the steel-like firmness of those muscular sinews—to think of the tremendous force and power that must lie behind such strength—these are thrills that come to the thin-blooded men and women whose own bodies are weak and physically unfit.

It takes men of red-blooded force and power to hit the sledge-hammer blows that count—and whether you are a pile-driver or a bank president you cannot expect to win out against odds forever unless you are a man of iron—constantly able to strike—and strike hard.

"There are countless numbers of men today who at 40 are broken in health and steadily going downward to physical and mental decay simply because they are allowing worry, overwork, nervous strain, dissipation and occupational poisons to sap the iron from their blood and destroy its power to change food into living tissue, muscle and brain," says Dr. John J. Van Horne, formerly Medical Inspector and Clinical Physician on the Board of Health of New York City. "Yet these are thousands of such men who undergo a most remarkable transformation the moment they get plenty of the right kind of iron into their blood to give increased energy and endurance. Their imagined ills are forgotten, they gain physical poise and fitness, mental alertness and greater power to combat obstacles and withstand severe strains. To help build stronger, healthier men and

women, better able physically to meet the problems of everyday life, I believe that physicians should at every opportunity prescribe organic iron—Nuxated Iron—for in my experience it is one of the best tonic and red blood builders known to medical science."

"Without iron there can be no strong, red-blooded men," says Dr. T. Alphonsus Wallace, a physician of many years' experience formerly of the British Naval Medical Service. "Unless this strength-giving iron is obtained



from the foods we eat, it must be supplied in some form that is easily absorbed and assimilated. For this purpose I always recommend organic iron—Nuxated Iron—which by enriching the blood and creating new blood cells, strengthens the nerves, rebuilds the weakened tissues and helps to instill renewed energy into the whole system whether a person is young or old. In my opinion, Nuxated Iron is the most valuable tonic, strength and blood-builder any physician can prescribe. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of Nuxated Iron three times per day, after meals, for two weeks. Then test your strength again and see for yourself how much you have gained. Many an athlete or prize fighter has won the day simply because he knew the secret of great strength and endurance, which comes from having plenty of iron in the blood, while many another has gone down to inglorious defeat simply for lack of iron.

Manufacturers' Note: Nuxated Iron, which is prescribed and recommended by physicians is not a secret remedy, but one which is well known to druggists. Unlike the older inorganic iron products it is easily assimilated, does not injure the teeth, make them black nor upset the stomach. The manufacturers guarantee successful and entirely satisfactory results to every purchaser or they will refund your money. It is dispensed in this city by all good druggists.

NUXATED IRON

For Red Blood, Strength and Endurance

DISTRIBUTORS: APOTHECARY HALL
ST. THOMAS.