

St. Croix Avis

75TH YEAR.

CHRISTIANSTED, V. I. U. S. A., SATURDAY 20TH NOVEMBER 1920.

No. 270.

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BY THE GOVERNOR OF THE VIRGIN ISLANDS OF THE UNITED STATES.

A Proclamation.

THE President of the United States has by proclamation designated Thursday, the 25th day of November, 1920, as a day of thanksgiving and prayer.

WHEREFORE, I, J. W. Oman, Governor of the Virgin Islands of the United States, do hereby designate the aforesaid date for observance as a day of thanksgiving and prayer by the people throughout the islands, inviting them to cease on that day from their ordinary tasks and to unite in their homes and in their several places of worship in ascribing praise and thanksgiving to God the Author of all blessings and the Master of our destinies.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the Government to be fixed.

Done at St. Thomas this sixteenth day of November, in the year of our Lord, one thousand nine hundred and twenty.

J. W. OMAN.

By the Governor:

LEO F. S. HORAN,
Acting Government Secretary.

NOTICE.

PARTIES having claims against the Joint-Estate of the late Planter ALFRED BENONI WHITE, of San Jan, and surviving widow ALICE MAUD

How Lack of Iron In The Blood May Change A Woman's Appearance And Break Down Her Physical Strength While Plenty Of Iron Makes Rich Red Blood Corpuseles That Give Health, Vitality and Beauty

Every Woman Who Looks Pale, Haggard and Worn Should Have Her Blood Examined For Iron Deficiency—Administration of Simple Nuxated Iron Will Often Increase The Strength and Endurance of Weak, Nervous, Care Worn Women In Two Weeks' Time and Make Them Look Years Younger.

Longing for the keen activity, the youthful step, the fresh rosy cheeks and the sunny disposition of buoyant health is making many a woman unhappy, discontented, wrinkled and old before her time. Sleepless nights spent worrying over supposed ailments, constant dosing with habit-forming drugs and narcotics and useless attempts to brace up with strong coffee do not help the real cause of their trouble, which may be nothing more than lack of iron in the blood. For want of

iron a woman may look and feel old at thirty, pale, haggard, and all run-down—while at 50 or 60 with good health and plenty of iron in the blood she may still be young in feeling, and so full of life and attractiveness as to defy detection of her real age.

That women may become stronger, healthier, more beautiful and better able to meet the cares of home, social and business life by increasing the supply of iron in their blood is the opinion of Dr. George H. Baker, formerly Physician and Surgeon of Monmouth Memorial Hospital, New Jersey, who says: "What women need to put roses in their cheeks and the springtime of life into their step is not cosmetics or stimulating drugs, but plenty of rich, pure red blood. Without it no woman can do credit to herself or to her work. Iron is one of the greatest of all strength and blood-builders, and I have found nothing in my experience so effective for helping to make

strong, healthy, red-blooded women as Nuxated Iron. From a careful examination of the formula and my own tests of Nuxated Iron, I feel convinced that it is a preparation which any physician can take himself or prescribe for his patients with the utmost confidence of obtaining highly beneficial and satisfactory results.

Among other physicians asked for an opinion was Dr. Ferdinand King, New York Physician and Medical Author. Dr. King says: "By enriching the blood and increasing its oxygen carrying power, Nuxated Iron will often transform the flabby flesh, toneless tissues, and pallid cheeks of nervous, run-down women into a glow of health and make them look years younger within a surprisingly short time."

Dr. James Francis Sullivan, formerly Physician of Bellevue Hospital (Outdoor Dept.), New York, and the Westchester County Hospital, says: "As I have said a hundred times over, organic iron is one of the greatest of all strength builders. I have prescribed Nuxated Iron—organic iron—many, many times, and I have seen

frequent instances where, it gave renewed strength and energy, increased power and endurance, steady nerves, and the rosy bloom of health in about ten days or two weeks' time. I consider Nuxated Iron one of the foremost blood and body builders—the best to which I have ever had recourse."

It is surprising how many people suffer from iron deficiency and do not know it. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained.

MANUFACTURER'S NOTE. Nuxated Iron, which is prescribed and recommended above by physicians is not a secret remedy but one which is well known to druggists. Unlike the older inorganic iron products it is easily assimilated and does not injure the teeth, make them black, nor upset the stomach. The manufacturer guarantees successful and entirely satisfactory results to every purchaser or they will refund your money. It is sold by all good druggists.



These illustrations show how a woman may look when she has only 25% red blood corpuscles and her blood is starving for iron and the change that takes place in her appearance when the percentage of red corpuscles increase as her blood becomes filled with strength-giving iron.

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ST. THOMAS.

WHITE, are hereby notified to file their claims within 3 months with the undersigned widow, who remains in possession of the undivided joint-estate.

San Jan, Virgin Islands, U. S. A.
November 9th 1920.

ALICE MAUD WHITE,
Estate "Contant" San Jan.