

St. Croix Avis

76TH YEAR.

CHRISTIANSTED, V. I. U. S. SATURDAY 14TH MAY 1921.

No. 114.

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Contribution to this paper will be gladly received when the same deals with matters of general interest, and is accompanied with the author's name, as a guarantee of good faith. The editor cannot be responsible for the views of his correspondents nor does he necessarily endorse them.

Warm Clothes For Europe

As American women learned to utilize substitutes and formerly wasted scraps of food so now they are employing cast off clothing and material from scrap bags to make garments for Europe's ragged children. Volunteer Service in American Red Cross chapters means that an increasing number of women are now devoting their leisure time to turning old clothes into new garments to keep war-blighted children warm and happy.

Through the Insular and Foreign Division American women living abroad have already began this production work, which differs from that of war time in two ways. First, the need is greater than ever before, it is comparable only to the demand for surgical dressings at the most trying period of the war. Second, Red Cross chapters now make "something from nothing" without taxing the chapter funds for new cloth.

"As to material", says Mrs. Louis A. Baker, New York City, a pioneer in production work, "anything and everything that is clean can be used. And every thing can be washed clean."

Workers are urged to find the pleasure of making a smart blue dress for a little girl from old serge skirts. An old shirt is turned into a pair of rompers, the back of the shirt forming the front of the rompers and visa versa so that no button holes need be made. Warm baby blankets are made by piecing squares of old sweaters together and binding them with bits of silk. The war garments were dull and clumsy. Workers are urged to make the new clothes as pretty as they know how in order to add joy to

comfort for the little children who have never known a beautiful thing.

The immediate need is appalling. Two million garments for children up to fourteen, 250,000 layettes; and these are to be just a beginning. Of dresses, petticoats, undershirts, nightgowns for children up to five 250,000 each must be had. For girls 5 to 14, 125,000 each of dresses, chemises, petticoats, bloomers, nightgowns are needed. The same quantities of blouse suits, underdrawers, winter undershirts, and nightshirts are needed for boys from 5 to 14.

As for the reason for this here are some of the facts. People are unable to go out and look for work because they have not sufficient clothing to cover them. One nurse writes that she finds her patients in cellars or sub-cellars which have no windows and no ventilation because there is no clothing or bedding to keep out the bitter cold if the doors were opened. Hundreds of little children have been found living in devastated villages from which the adults have fled. They were subsisting on roots and clothed in tatters.

Robert E. Olds, American Red Cross Commissioner to Europe, tells how he visited a dugout one day and found a little child sitting naked in the warm ashes. The mother explained that there was no clothing to cover only two of them, one child and herself. While the older child gathered a few sticks she had put the little one in the ashes to keep him warm.

In a hovel on the outskirts of Vienna a Red Cross nurse found a mother lying on a few handfuls of straw and beside her a baby wrapped in a newspaper. It was bitter weather, too. The nurse took off her flannel blouse and wrapped the baby in it until she could get something better. Is it any wonder 250,000 layettes are wanted at once?

When typhus comes as it has in so many places in Europe, the one suit of rags that is the only covering of thousands will not hold together for the delousing. Yet only by such measures may typhus be wiped out. Medical aid is the first aid of the Red Cross in Europe but it is of little avail unless the people can be kept clean and warm.

When the call comes for the Santa Cruz Chapter to help in this work, it is hoped that many willing hands will be ready to take it up. The Chapter's record of production during the war was a proud one; and it will not be found wanting in time of peace.

Is Your Blood Starving For Want of Iron?

Iron is Red-Blood Food—Nuxated Iron Helps Put Roses Into the Cheeks of Women and Gives Strength and Energy to Men

If you were to go without eating until you become weak, thin and emaciated, you could not do a more serious harm to yourself than when you let your blood literally starve for want of iron—iron that gives it strength and power to change food into living tissue, muscle and brain. Without plenty of iron in the blood, no matter how much or what you eat, your food simply passes through you without doing you any good—you don't get the strength out of it and instead of being filled with youthful strength and energy you are weak, nervous and all run-down. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary Nuxated Iron three times per day after meals for two weeks, then test your strength again and see how much you have gained. Numbers of nervous, run-down people who were ailing all the while have most astonishingly increased their strength and endurance simply by taking iron in the proper form. But don't take the old kind of iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated. The Nuxated Iron if you want it to do you any good, otherwise it may prove worse than useless. You can procure Nuxated Iron from your druggist on an absolute guarantee of satisfaction or your money will be refunded.

Distributors: Apothecary Hall,
St. Thomas.

LIST OF UNCLAIMED MAIL FOR THE WEEK ENDED MAY 7, 1921.

Geo. E. Ballton,
Mrs. Bellgo,
Fily Benerson,
Ernesta C. Benjamin,
H. A. Blair,
Sarah Brannigann,
Mrs. Nancy Emanuel; Est. Sion Farm,
Miss Loretta Jacobs,
C. Joseph,
Miss Judith Joseph,
Mr. Heraldo, Mc Intosh, White Oak Hill,
Mrs. Augustina Myers,
John Oliver,
Mrs. Cecilia Paris,
Anita Viola Petersen,
Isabella Sampson,
Mrs. Thomas Simmons,
Miss Alice Stephens, Dilly Hall Hill,
Mr. Henry Thomas,
Mrs. Henerietta Thomas, c/o Ernest Williams,
Hanna Washington,

United States Post Office, Christiansted, V. I. May 9, 1921.

B. R. LARSEN,
Postmaster.