

St. Croix Avis

75TH YEAR

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Contribution to this paper will be gladly received when the same deals with matters of general interest, and is accompanied with the author's name, as a guarantee of good faith. The editor cannot be responsible for the views of his correspondents nor does he necessarily endorse them.

TELEGRAMS

ST. CROIX STATION.

Washington, Dec. 26th.—Secretary Daniels, tonight ordered the Navy Department Board of Awards reconvened Monday January 5th, to revise recent recommendations as to naval awards. The order to reconvene the Board was made public late tonight, following receipt of reports from Newport, R. I., that Vice Admiral Hilary Jones and Captain Hasbrouck had followed Admiral Sims in refusing to accept the medals bestowed on them, disagreeing with the policy determining the officers to be rewarded for services during the war.

New York, Dec. 26th.—A great tide of immigration is sweeping into Palestine influenced by the conviction that Great Britain will shortly accept a mandate of the Holy Land and that the dream of a National Home for Jews is about to be realized, according to cable advice received from the Zionist Organization of America today. The messages state that the World Conference of Zionists which was scheduled to be held at Basle on January 18th, has been postponed in view of the assumed possibility of immediate negotiations for the mandate over Palestine. At the same time a London cable received by the Jewish Morning Journal of the city stated that Peace negotiations with Turkey were open shortly after the New Year and that British delegates would be Mr. Lloyd George, Lord Curzon, and Mr. Balfour, all three of whom have publicly declared their sympathy with the Zionist movement. In view of the possibility, the Greater Actions Committee of the Zionist organization has been summoned to meet as soon as possible in London to cope with what is termed as the acute

What Kind of Blood Have You?

Thin, Pale and Watery—Keeping You Weak, Nervous and Run-Down—
Or Rich, Red, Healthy Blood With Plenty of Iron In It To Give You
Strength, Energy, Power and Endurance

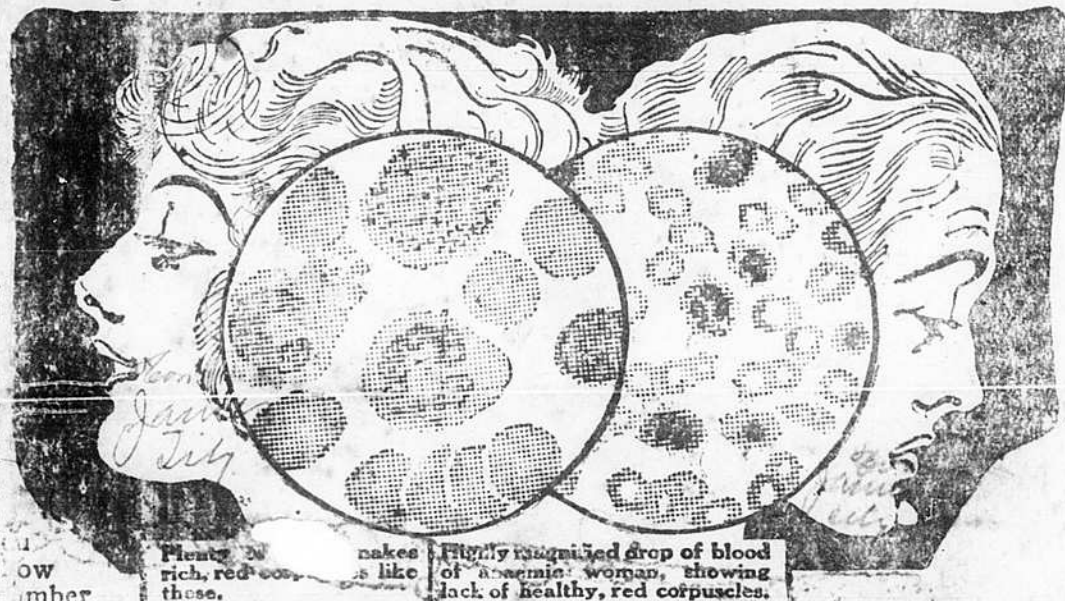
Physician Says Iron is Red Blood Food

Explains How Nuxated Iron—Master Strength-Builder of The Blood—Helps Give Renewed Vigor and Energy to Men, and Puts Roses Into The Cheeks of Women.

If you tire easily, if you look pale, haggard, and worn, if you feel generally weak, nervous and run-down it would probably astonish you to look at a drop of your own blood under a powerful microscope and compare it with a drop of pure, healthy blood—rich in iron. Actual blood tests show that a tremendously large number of people who are weak and lack iron in their blood and that they are ill for no other reason than lack of iron. Iron deficiency analyzes healthy, energetic action pulls down the whole organism and weakens the entire system.

There are thousands who are aging and breaking down as they should be enjoying their health which cries defiance to them because they are not awake to the condition of their blood. By all means remain thin, pale and watery, giving the natural life force a chance to do their work. Through life apparently possessing youth, the elasticity, the strength, the energy of earlier days through bodies courses the energy and comes from plenty of red blood—strengthening iron. Iron is food and physicians explain how to build up the red blood corpuscles, increased power and endurance.

Commenting on the use of Nuxated Iron as a tonic, strength and blood-builder by over three million people annually, Dr. James Francis Sullivan, formerly physician of Bellevue Hospital (Outdoor Dept.), New York and the Westchester County Hospital, said: "Modern methods of cooking and the rapid pace at which people of this century live have made such an alarming increase in iron deficiency in the blood of American people. Iron deficiency has often been revealed at the age of twenty. People who lack iron in the blood—do not ever suspect



the cause of their weak, nervous, run-down state. Lack of iron in the blood not only makes a man a physical weakling, nervous, irritable, easily fatigued, but it utterly robs him of that virile force, that stamina and strength of will which are so necessary to success and power in every walk of life. It may also transform a beautiful, sweet-tempered woman into one who is cross, nervous and irritable. I have strongly emphasized the great necessity of physicians making blood examinations of their weak, anemic, run-down patients. Thousands of persons go on year after year suffering from physical weakness and a highly nervous condition due to lack of sufficient iron in their blood corpuscles without ever realizing the real cause of the trouble. But in my opinion you can't make these strong, vigorous, successful, sturdy iron men by feeding them on metallic iron. The old forms of metallic iron must go through a digestive process to transform them into organic iron—Nuxated Iron—before they are ready to be taken up and assimilated by the human system. Notwithstanding all that has been said and written on this subject by well-known physicians, thousands of people still insist on dosing themselves with metallic iron simply, I suppose, because it costs a few cents less. I strongly advise readers in all cases to get a physician's prescription for organic iron—Nuxated Iron—or if you don't want to go to this trouble then purchase only Nuxated Iron in its original packages and see that this particular name (Nuxated Iron) appears on the package. If you have taken preparations such as Nux and Iron and other similar iron products and failed to get results, remember that such products are an entirely different thing from Nuxated Iron.

Dr. H. B. Vail, formerly Physician in the Baltimore Hospital, and a Medical Examiner says: "Throughout my experience on Hospital Staffs and as a Medical Examiner, I have been astonished at the number of patients who have vainly doctored for various diseases, when in reality their delicate, run-down state was simply the result of lack of iron in the blood. Time and again I have prescribed organic iron—Nuxated Iron—and surprised patients at the rapidity with which the weakness and general debility was replaced by a renewed feeling of strength and vitality. I took Nuxated Iron myself to build me up after a serious case of nervous exhaustion. The effects were apparent after a few days and within three weeks it had virtually revitalized my whole system and put me in a superb physical condition."

Dr. T. Alphonsus Wallace, a physician of many years' experience in this country and abroad, says: "I do not make a practice of recommending advertised medicinal products, but I have found Nuxated Iron so potent in nervous, run-down conditions, that I believe all should know it. The men and women of today need more iron in their blood than was the case twenty or thirty years ago. This because of the demineralized diet which now is served daily in thousands of homes and also because of the demand for greater resistance necessary to offset the greater number of health hazards to be met at every turn."

MANUFACTURERS' NOTE: Nuxated Iron which is prescribed and recommended above by physicians is not a secret remedy but one which is well known to druggists everywhere. Unlike the older inorganic iron products it is easily assimilated and does not injure the teeth, make them black, nor upset the stomach. The manufacturers guarantee successful and entirely satisfactory results to every purchaser or they will refund your money. It is dispensed by all good druggists.

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ST. THOMAS

problem of restraining wholesale immigration to Palestine. In a message sent to Judge Julian Mack, President of the American Zionist Council, Dr. Levin, Zion-

ist representative in London, said the situation in South Russia was per-

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