

St. Croix Avis

75TH YEAR.

CHRISTIANSTED, V. I. U. S. A., SATURDAY 24TH APRIL 1920.

No 93.

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Contribution to this paper will be glad-
ly received when the same deals with mat-
ters of general interest, and is accompa-
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REPORT

OF
DEPOSITS & WITHDRAWALS
AT

THE NEW ST. CROIX SAVINGS BANK

On Saturday the 17th April 1920.

RECEIVERS:

In Christiansted

A. E. STAKEMANN Trustee.

In Frederiksted

R. E. HIGGINS Trustee.

Balance of deposits to 10th April 1920
\$ 75,880.58

46 Deposits, of which
23 in Christiansted \$ 277.85
(1 new)
23 in Frederiksted \$ 209.95
(1 new)
\$ 487.80

\$76,368.38

14 withdrawals of which
9 in Christiansted \$ 367.09
5 in Frederiksted \$ 191.80
\$558.89

Balance of deposits to date \$ 75,809.49

Receivers for Saturday the 24' April 1920.

In Christiansted

A. E. STAKEMANN Trustee.

In Frederiksted

R. E. HIGGINS Trustee.

A. E. STAKEMANN
President.

What Kind of Blood Have You?

Thin, Pale and Watery—Keeping You Weak, Nervous and Run-Down—
Or Rich, Red, Healthy Blood With Plenty of Iron In It To Give You
Strength, Energy, Power and Endurance

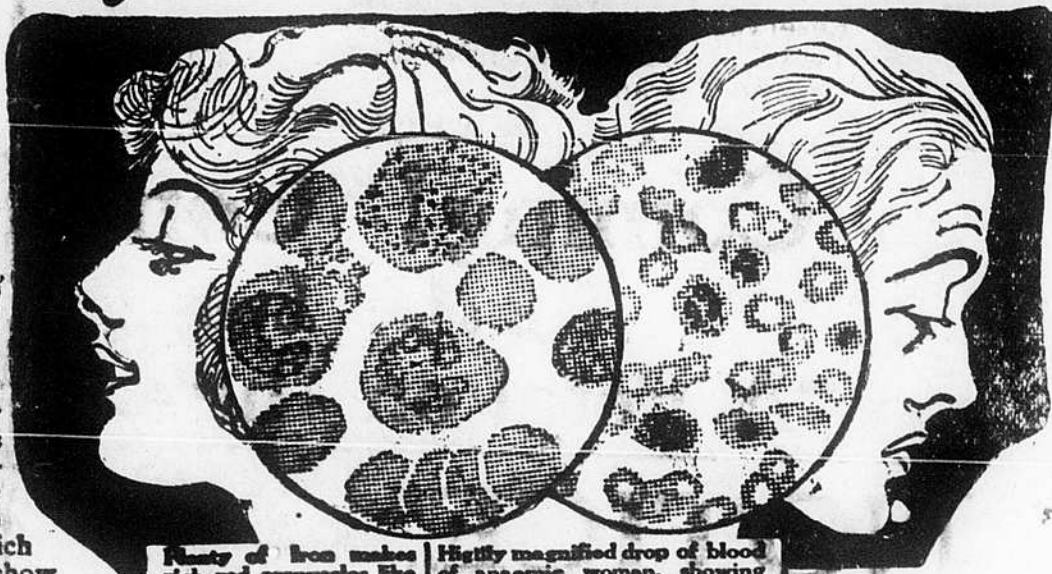
Physician Says Iron is Red Blood Food

Explains How Nuxated
Iron—Master Strength-
Builder of The Blood—
Helps Give Renewed Vim
and Energy to Men and
Puts Roses Into The
Cheeks of Women.

If you tire easily, if you
look pale, haggard and
worn, if you feel generally
weak, nervous and run-
down it would probably as-
tonish you to look at a
drop of your own blood un-
der a powerful microscope
and compare it with a drop
of pure, healthy blood—rich
in iron. Actual blood tests show
that a tremendously large number
of people who are weak and ill lack
iron in their blood and that they
are ill for no other reason than lack
of iron. Iron deficiency paralyzes
healthy, energetic action, pulls
down the whole organism and
weakens the entire system.

There are thousands whose bodies are
aging and breaking down at a time when
they should be enjoying that perfect bodily
health which cries defiance to disease simply
because they are not awake to the condi-
tion of their blood. By allowing it to
remain thin, pale and watery they are not
giving the natural life forces of the body
a chance to do their work. Yet others go
through life apparently possessing, year after
year, the elasticity, the strength and the
energy of earlier days through their
bodies courses the energy and power that
comes from plenty of red blood—filled with
strength-giving iron. Iron is red blood
food and physicians explain below why they
prescribe organic iron—Nuxated Iron to
build up the red blood corpuscles and give
increased power and endurance.

Commenting on the use of Nuxated Iron
as a tonic, strength and blood-builder by
over three million people annually, Dr.
James Francis Sullivan, formerly physician
of Bellevue Hospital (Outdoor Dept.), New
York and the Westchester County Hospital,
said: "Modern methods of cooking and the
rapid pace at which people of this century
live has made such an alarming increase in
iron deficiency in the blood of American
men and women that I have often marveled
at the large number of people who lack
iron in the blood—and who never suspect



the cause of their weak, nervous, run-down
state. Lack of iron in the blood not only
makes a man a physical weakling, nervous,
irritable, easily fatigued, but it utterly robs
him of that virile force, that stamina and
strength of will which are so necessary to
success and power in every walk of life. It
may also transform a beautiful, sweet-
tempered woman into one who is cross,
nervous and irritable. I have strongly
emphasized the great necessity of physicians
making blood examinations of their weak,
anemic, run-down patients. Thousands of
persons go on year after year suffering from
physical weakness and a highly nervous
condition due to lack of sufficient iron in
their blood corpuscles without ever realizing
the real cause of the trouble. But in my
opinion you can't make these strong, vigor-
ous, successful, sturdy iron men by feeding
them on metallic iron. The old forms of
metallic iron must go through a digestive
process to transform them into organic
iron—Nuxated Iron—before they are ready
to be taken up and assimilated by the hu-
man system. Notwithstanding all that has
been said and written on this subject by well-
known physicians, thousands of people still
insist in dosing themselves with metallic
iron simply, I suppose, because it costs a
few cents less. I strongly advise readers in
all cases to get a physician's prescription for
organic iron—Nuxated Iron—or if you don't
want to go to this trouble then purchase
only Nuxated Iron in its original packages
and see that this particular name (Nuxated
Iron) appears on the package. If you have
taken preparations such as Nux and Iron
and other similar iron products and failed
to get results, remember that such products
are an entirely different thing from Nux-
ated Iron.

Dr. H. B. Vail, formerly Physician in the
Baltimore Hospital, and a Medical Examiner
says: "Throughout my experience on Hos-
pital Staffs and as a Medical Examiner, I
have been astonished at the number of pa-
tients who have vainly doctored for various
diseases, when in reality their delicate, run-
down state was simply the result of lack of
iron in the blood. Time and again I have
prescribed organic iron—Nuxated Iron—and
surprised patients at the rapidity with
which the weakness and general debility was
replaced by a renewed feeling of strength
and vitality. I took Nuxated Iron myself
to build me up after a serious case of nerv-
ous exhaustion. The effects were apparent
after a few days and within three weeks it
had virtually revitalized my whole system
and put me in a superb physical condition."

Dr. T. Alphonsus Wallace, a physician of
many years' experience in this country and
abroad, says: "I do not make a practice of
recommending advertised medicinal products,
but I have found Nuxated Iron so potent in
nervous, run-down conditions, that I believe
all should know it. The men and women of
today need more iron in their blood than
was the case twenty or thirty years ago.
This because of the demineralized diet which
now is served daily in thousands of homes
and also because of the demand for greater
resistance necessary to offset the greater
number of health hazards to be met at
every turn."

Manufacturers' Note. Nuxated Iron which is prescribed
and recommended above by physicians is not a secret
remedy but one which is well known to druggists every-
where. Unlike the older inorganic iron products it is
easily assimilated and does not irritate the stomach, make
them black, nor upset the stomach. The manufacturers
guarantee successful and entirely satisfactory results to
every purchaser or they will refund your money. It is
dispensed by all good druggists.

DISTRIBUTORS: APOTHECARY HALL,
ST. THOMAS.

WORKED BOTH WAYS.

Host—"Yes, I get rid of a lot of these
cigars during the years—giving 'em to

my friends, y'know."

Connoisseur "H'm. Get rid of a
lot of friends, too, don't you?"—London
Opinion.