

ORDER OF THE DAY

for the 5th Ordinary Meeting of the Colonial Council for St. Croix, MONDAY, March 1, 1920, at one o'clock p. m.

1. Colonial Council Bill No. 23. Resolution authorizing the Governor to increase amounts budgetted for the current fiscal year by a percentage not to exceed that by which the rates of exchange for the current fiscal year exceed the normal rate. Introduced by Government.
2. Colonial Council Bill No. 24. Resolution authorizing the Governor to sell the parcel of land and building known as East Hill School, situated in East End Quarter A, in the island of St. Croix.
3. Colonial Council Bill No. 24. Draft of An Ordinance introduced by 1st. Member for Christiansted Country District (Stakeman) respecting the appointment of employees of the Municipality of St. Croix.
4. Colonial Council Bill No. 26. Draft of an Ordinance introduced by 1st. Member for Christiansted Country District (Stakemann) concerning the remission and refunding of certain taxes assessed or collected on properties used for religious purposes.
5. Colonial Council Bill No. 27. Interpellation to Government, introduced by 1st. Member for Christiansted Country District, (Stakemann) in regard to the re-opening of the Richmond Sore-foot Hospital.

Colonial Council Office, St. Croix, February 24, 1920.

ROBT. L. MERWIN,
Chairman.

THE REV. MINOT S. MORGAN of Detroit, Michigan, U.S.A., who is now supplying the pulpit of the Moravian Church, Christiansted, desires to ascertain where he boarded when he previously visited St. Croix about the year 1870. Perhaps some of the older residents may remember a distinguished man COL. E. B. MORGAN, a member of the United States Congress, who stayed at the same house.

FOR SALE.

An Oliver Typewriter No. 9 in perfect condition. For terms and further particulars apply to this office.

What Kind of Blood Have You?

**Thin, Pale and Watery—Keeping You Weak, Nervous and Run-Down—
Or Rich, Red, Healthy Blood With Plenty of Iron In It To Give You
Strength, Energy, Power and Endurance**

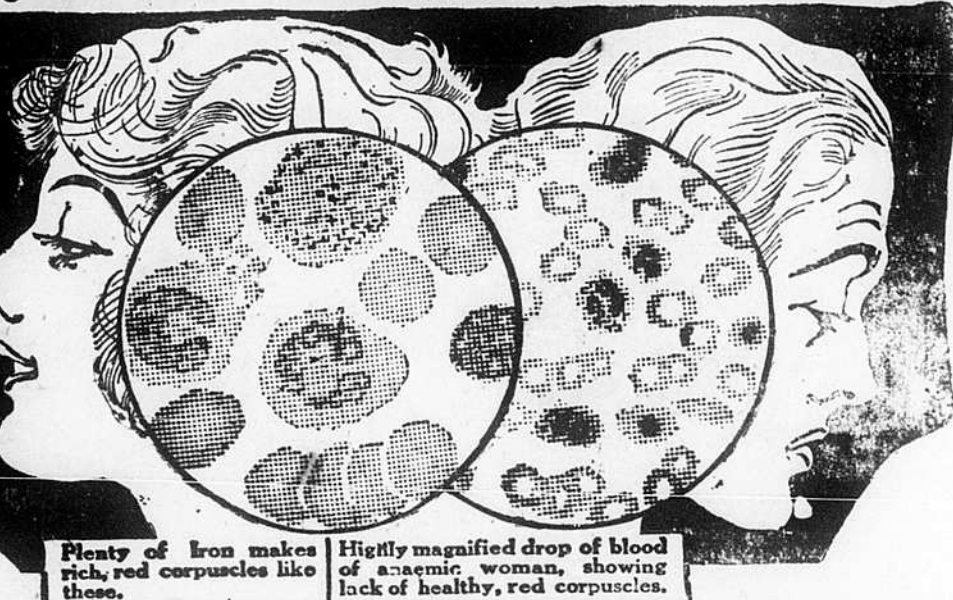
Physician Says Iron is Red Blood Food

Explains How Nuxated Iron—Master Strength-Builder of The Blood—Helps Give Renewed Vim and Energy to Men and Puts Roses Into The Cheeks of Women.

If you tire easily, if you look pale, haggard and worn, if you feel generally weak, nervous and run-down it would probably astonish you to look at a drop of your own blood under a powerful microscope and compare it with a drop of pure, healthy blood—rich in iron. Actual blood tests show that a tremendously large number of people who are weak and ill lack iron in their blood and that they are ill for no other reason than lack of iron. Iron deficiency paralyzes healthy, energetic action, pulls down the whole organism and weakens the entire system.

There are thousands whose bodies are ageing and breaking down at a time when they should be enjoying that perfect bodily health which cries defiance to disease simply because they are not awake to the condition of their blood. By allowing it to remain thin, pale and watery they are not giving the natural life forces of the body a chance to do their work. Yet others go through life apparently possessing, year after year, the elasticity, the strength and the energy of earlier days through their bodies courses the energy and power that comes from plenty of red blood—filled with strength-giving iron. Iron is red blood food and physicians explain below why they prescribe organic iron—Nuxated Iron—to build up the red blood corpuscles and give increased power and endurance.

Commenting on the use of Nuxated Iron as a tonic, strength and blood-builder by over three million people annually, Dr. James Francis Sullivan, formerly physician of Bellevue Hospital (Outdoor Dept.), New York and the Westchester County Hospital, said: "Modern methods of cooking and the rapid pace at which people of this century live has made such an alarming increase in iron deficiency in the blood of American men and women that I have often marveled at the large number of people who lack iron in the blood—and who never suspect



the cause of their weak, nervous, run-down state. Lack of iron in the blood not only makes a man a physical weakling, nervous, irritable, easily fatigued, but it utterly robs him of that virile force, that stamina and strength of will which are so necessary to success and power in every walk of life. It may also transform a beautiful, sweet-tempered woman into one who is cross, nervous and irritable. I have strongly emphasized the great necessity of physicians making blood examinations of their weak, anaemic, run-down patients. Thousands of persons go on year after year suffering from physical weakness and a highly nervous condition due to lack of sufficient iron in their blood corpuscles without ever realizing the real cause of the trouble. But in my opinion you can't make these strong, vigorous, successful, sturdy iron men by feeding them on metallic iron. The old forms of metallic iron must go through a digestive process to transform them into organic iron—Nuxated Iron—before they are ready to be taken up and assimilated by the human system. Notwithstanding all that has been said and written on this subject by well-known physicians, thousands of people still insist on dosing themselves with metallic iron simply, I suppose, because it costs a few cents less. I strongly advise readers in all cases to get a physician's prescription for organic iron—Nuxated Iron—or if you don't want to go to this trouble then purchase only Nuxated Iron in its original packages and see that this particular name (Nuxated Iron) appears on the package. If you have taken preparations such as Nux and Iron and other similar iron products and failed to get results, remember that such products are an entirely different thing from Nuxated Iron.

Dr. H. B. Vail, formerly Physician in the Baltimore Hospital, and a Medical Examiner says: "Throughout my experience on Hospital Staffs and as a Medical Examiner, I have been astonished at the number of patients who have vainly doctored for various diseases, when in reality their delicate, run-down state was simply the result of lack of iron in the blood. Time and again I have prescribed organic iron—Nuxated Iron—and surprised patients at the rapidity with which the weakness and general debility was replaced by a renewed feeling of strength and vitality. I took Nuxated Iron myself to build me up after a serious case of nervous exhaustion. The effects were apparent after a few days and within three weeks I had virtually revitalized my whole system and put me in a superb physical condition."

Dr. T. Alphonsus Wallace, a physician of many years' experience in this country and abroad, says: "I do not make a practice of recommending advertised medicinal products, but I have found Nuxated Iron so potent in nervous, run-down conditions, that I believe all should know it. The men and women of today need more iron in their blood than was the case twenty or thirty years ago. This because of the demineralized diet which now is served daily in thousands of homes and also because of the demand for greater resistance necessary to offset the greater number of health hazards to be met at every turn."

MANUFACTURER'S NOTE: Nuxated Iron which is prescribed and recommended above by physicians is not a secret remedy but one which is well known to druggists everywhere. Unlike the older inorganic iron products it is easily assimilated and does not irritate the stomach. The manufacturer guarantees successful and entirely satisfactory results to every purchaser or they will refund your money. It is dispensed by all good druggists.

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LOST between Strand and Prince's Streets A GOLD BROACH. Finder will be rewarded on bringing same at this office.

LOST!

A GOLD LINKED CHAIN with an American Dollar piece and a heart bearing the letters J. A. B. Finder will be justly rewarded on bringing same to this office.

FOR SALE.

House-hold Furnishings

Rugs, Chairs, Couch, Settee, Tables, Plants, Flower Stands, Electric Lamps and fixtures, Dressers, etc.

AT THE
RESIDENCE OF DR. R. H. JENKINS.