

St. Croix Avis.

75TH YEAR.

CHRISTIANSTED, V. I. U. S. A., SATURDAY, 24TH JANUARY 1920.

No. 19.

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Contribution to this paper will be glad-
ly received when the same deals with mat-
ters of general interest, and is accompa-
nied with the author's name, as a guar-
antee of good faith. The editor cannot be
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dents nor does he necessarily endorse them.

NOTICE

ARE you prepared for fire? Fire gives
no warning. No one can tell when
or where it will break out and it is this
unexpectedness that makes the danger
to life and property all the more terrible.
Use a **MYRINE FIRE EXTINGUISHER**
that puts out any kind of fire in its incipient
state recognized by New York and
Chicago Fire Insurance Exchange.

To be had at

H. WENDEL'S Store in St. Thomas.
Sole Agent.

MAILS CLOSE

for New York, N. Y., per S. S.
Guiana at 5 p. m. Saturday, (Jan-
uary 24th.)

Dansk Vestindisk Elekt. Icti- tetsaktieselskab

afholder sin aarlige Generalforsam-
ling SONDAGEN den 21 Marts d.a.
Klokken 11 Formiddag.

DAGSORDEN:

1. Fremlaeggelse af Regnskabet
for 1919.
2. Valg af Bestyrelsesmedlemmer.
3. Ekstra.

Christiansted, St. Croix, den 20 Jan-
uary 1920.

DANSK-VESTINDISK ELEKTICITETSAK-
TIESELSKAB.

EINAR SVENDSEN.

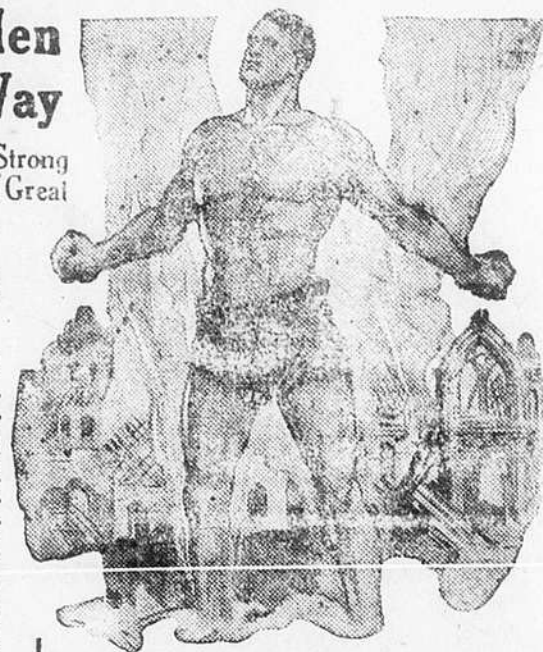
What Makes Men of Blood and Iron? Men of Stamina, Force and Success—Men Who Lead The Way

Physician Explains Secret of Strong
Nerves, Keen Active Brains and Great
Physical Energy—says

Nuxated Iron Helps Put Strength
and Energy Into The Veins of
Men

It is the men of blood and
iron—on a par with the war-
hardened fellows returning
from camp and field—who will
forge ahead in the business and
political life of the country to-
day. Living in the open, eating
coarse foods and leading regu-
lar lives have made blood rich
in iron for these strong, healthy,
vigorous specimens of man-
hood. But no such opportunity
for building up their health is
open to thousands of men and
women in civil life whose wear-
ing tasks and iron-impooverished
food sap their energy and make them
weak, anemic and run-down and
often cause their blood to literally
starve for want of iron.

In commenting upon the probability of
building up a stronger race of people by in-
creasing the supply of iron in their blood,
Dr. George H. Baker, formerly Physician and
Surgeon, Monmouth Memorial Hospital of
New Jersey, says: "Iron is absolutely neces-
sary to change food into living tissue, muscle
and brain. Without iron there can be no
strong, red-blooded men or healthy rosy-
cheeked women, and unless this strength-
giving iron is obtained from the foods we
eat, it must be supplied in some form that
is easily absorbed and assimilated. Refined
foods and modern methods of cooking have
robbed us of much of the iron which Nature
intended we should receive. For supplying
this deficiency and increasing the red blood
corpuscles, I know of nothing more effective
than organic iron—Nuxated Iron. From
a careful examination of the formula and
my own tests of Nuxated Iron, I feel con-
vinced that it is a preparation which any
physician can take himself or prescribe for
his patients with the utmost confidence of
obtaining highly beneficial and satisfactory



Will War Help Make New Race
Of Super-men With Strength and
Endurance Like Athletes of Old?

results. The fact that Nuxated Iron is to-
day being used by over three million people
annually as a tonic, strength and blood-
builder, is in itself an evidence of tremen-
dous public confidence and I am convinced
that if others would take Nuxated Iron
when they feel weak and run-down, it would
help make a nation of stronger, healthier
men and women."

If you are not strong or well you owe it
to yourself to make the following test:
See how long you can work or how far
you can walk without becoming tired. Next
take two five-grain tablets of ordinary Nux-
ated Iron three times per day after meals
for two weeks. Then test your strength
again and see how much you have gained.
Numbers of nervous, run-down people who
were ailing all the while have most astonish-
ingly increased their strength and endurance
simply by taking iron in the proper form.
And this after they had, in some cases, been
doctoring for months without obtaining any
benefit.

MANUFACTURERS' NOTE: Nuxated Iron which is prescribed
and recommended above is not a secret remedy but one
which is well known to druggists everywhere. Unlike the
older inorganic iron products it is easily assimilated and
does not injure the teeth, make them black nor upset the
stomach. The manufacturers guarantee successful and
entirely satisfactory results to every purchaser or they will
refund your money. It is dispensed by all good druggists.

DISTRIBUTORS: APOTHECARY HALL,
ST. THOMAS.

For Sale

A Light and comfortable DOUBLE
SEAT CARRIAGE, A PAIR OF
HORSES and a double set of HAR-
NESS.

A. PONTOPPIDAN.

Richmond, Jan. 15th 1920.

OPTICAL AID.

YOUR prescription filled same day
as received, repairs dispatched
by return of mails.

F. M. CORNEIRO.
St. Thomas, U. S. V. I.