

WHY YOU NEED IRON—

To make you strong and "brainy" and put the power into your blood to overcome disease germs

The food you eat contains carbon. When your food is digested it is absorbed from the intestines into the blood. When the carbon in your food comes in contact with the oxygen carried by the iron in your blood, the carbon and oxygen unite and by so doing they give off tremendous energy, thereby giving you great force, strength and endurance. Without iron your blood carries no oxygen and without oxygen there is nothing to unite with the carbon in your food, so that what you eat does you no good—you do not get any strength from it—It is like putting coal into a stove without a fire. You cannot get any heat unless the coal unites with the fire.

The strongest weapon with which to prevent and overcome colds, pneumonia, kidney trouble, rheumatism, nervous prostration, in fact almost any disease or disease germs is plenty of good rich, pure blood, strength, energy and endurance and the greater energy carrier in the body is organic iron, not metallic iron which people usually take, but organic iron like the iron in spinach, lentils and apples, and like the iron contained in what is known as organic Nuxated Iron, which may be had from almost any druggist. Nuxated Iron often increases the strength, energy and endurance of weak, nervous, run-down folks in two weeks' time.

It has been used and highly recommended by former United States Senators, Members of Congress, Judges of U. S. Courts, many physicians and prominent men.

Over 4,000,000 people are now using it annually. Satisfactory results are guaranteed or the manufacturers will refund your money. Sold by all druggists in tablet form only.

**Distributors: Apothecary Hall,
St. Thomas.**

For Sale.

One Buick Car,

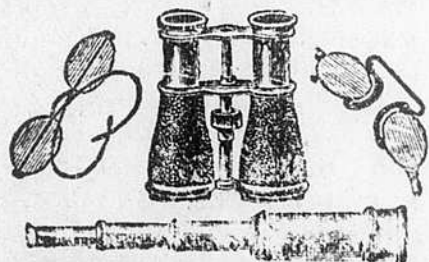
4 cylinders, in good working order.
Apply to

A. E. STAKEMANN.

Quebec Steamship Co. THE S. S. "PARIMA"

is expected to leave New York on Thursday, 21st inst., and is due at Frederiksted on the 28th inst.

**ROB'T. L. MERWIN & CO. INC.,
Agents.**



**F. M. CORNEIRO,
JEWELLER & OPTICIAN,
St. Thomas, V. I.**

RACING! RACING!

THROUGH THE MUNIFICENCE OF THE OFFICIALS OF THE BETHLEHEM CONCERN

The St. Croix Juvenile Racing Club

WILL HOLD RACES ON

Manning's Bay Race Course, Dec. 26th, Xmas 2nd Day.

OFFICERS OF JUVENILE R. C.

Manager,	LUDVIC EDNEY.
Assist.	G. EDNEY,
Judge.	W. WILSON.
Timekeeper	W. JONES.
Treas	P. HANSEN.
Clerk of Scales,	J. SCHOU.
Starter	J. FARKELLY & P. EMANUEL.

-:- PROGRAM -:-

1st RACE.

Purse \$50.00

1. E. Morris Cream Stallion.. Barbie Allen.. 13½h. 98 lbs. Stars & Stripes Jacket & Cap.
2. F. Gibbs Bay Mare..... Fair Maid..... 14h. 104 lbs. Red & White Jacket & Cap.
3. F. Roberts Bay Stallion.. Gun Fire.. 13½h. 98 lbs. Red, White & Blue Jacket & Cap.

2nd RACE.

Purse \$70.00

1. L. Edney Bay Gelding..... Rainbow..... 14h. 104 lbs. Red & White Jacket & Cap.
2. J. Richards Chestnut Stallion.... Smoke.... 13¾h. 101 lbs. White Cap & Blue Jacket.
3. Bethlehem Concern Bay Mare Virginia..... 14 7/8h. 115 lbs. Red & White.

3rd RACE.

Purse \$30.00

1. F. Civil Black Stallion..... Snowball..... 12¾h. 89 lbs. Red & White.
2. J. Bow-Cannon Bay Stallion..... Kilrein..... 13h. 92 lbs. Pink & Green.

4th RACE.

Purse \$60.00

1. L. Edney Black Gelding..... Airplane..... 13h. 95 lbs. Red & White.
2. B. Alick Bay Gelding..... Coming King..... 13¾h. 101 lbs. Yellow & White.
3. J. George's Chestnut Mare.... Piano Lady.... 14 h. 110 lbs. White Jacket & Cap.
4. J. Richards Bay Stallion.... Roamer..... 14½h. 110 lbs. Blue Jockey and Black Cap.

5th RACE.

Purse \$40.00

1. F. Peterson Bay Mare Olive..... 13h. 95 lbs. Blue Jacket & Cap.
2. H. Brown Bay Gelding..... Eagle.. 14h. 104 lbs. Blue Jacket & White Cap.
3. F. Thomas Bay Stallion..... Surprise..... 13h. 92 lbs. Pink & Green Jacket & Cap.

Badges will be sold at the various gates.

General Entrance \$.10, Grand Stand \$.50 and entrance to Paddock \$.75.

BADGES MUST BE WORN DURING THE RACES.

Anyone found without a badge will have to purchase one or leave the ground by order of the Police.

Race begins 11 o'clock precise y.

Music in attendance by Century Brass Band.

A. ADAMS.

Sec. of Juvenile Racing Club