

Delco - Light

YOUR country home may be splendidly situated. The breeze playing around it may be most restful and refreshing. but if you haven't electric light and power, you are not enjoying its comforts to the fullest extent.

You may be two, six or ten miles away from town, but with DELCO-LIGHT installed, you can have every convenience of a city.

Think what an advantage it would be to have electric lights throughout your house and grounds. Think of a hot cup of coffee and toast for breakfast without the use of the kitchen stove, or a well-cooked chafing dish meal after a busy day in the fields.

DELCO - LIGHT

is a complete electric plant, easy to install and easy to care for. It will furnish the home with an abundance of electric light and power at low cost.

The experiences of more than 135,000 enthusiastic users in all parts of the world prove that DELCO-LIGHT soon pays for itself by the work it does.

Let our electrician, Mr. Geo. W. Powell, Manager of The Electric Power Plant at Christiansted, call upon you and give you all the information which you may need.

ROBT. L. MERWIN & CO., INC.

Agents.

Christiansted

Frederiksted.

BEAVER BRAND FAMILY FLOUR

ALWAYS GOOD.

ORDER DIRECT

R. A. CADE, INC.,

6 Broadway,
New York, N. Y.

LIST OF UNCLAIMED MAIL FOR THE WEEK ENDED JANUARY 28, 1922.

Mr. John Charles Andrew; Estate Pat-
tan,

Miss Evelyn Angelo; New Street No. 4,
Miss Esther Farrell.

Samuel Hector, (3)

Miss Maud Henry,

Miss Laura James; (2)

Mr. William Niles,

Mr. Ephraim E. Petrus,

Miss Sydnian Thomas.

Post Office, Christiansted, Virgin Is-
lands, January 28, 1922.

B. R. LARSEN,
Postmaster.

Active Middle Age May Beat Youth

Medical Science proves blood rich in iron to be a secret of great strength, energy and endurance

You may be a better man at 50 than the husky stripling of 25 if you take care of yourself and **KEEP YOUR BLOOD FILLED WITH IRON.**

In an account of a severe mountain climbing test, a New York newspaper states that 20 per cent of those who accomplished the feat were 44 years and over.

Prize-fighters, wrestlers and athletes have learned the value of plenty of plain coarse foods in their training as such a diet helps supply their blood with iron.

THERE ARE 30,000,000,000,000 RED BLOOD CORPUSCLES IN YOUR BLOOD AND EACH ONE MUST HAVE IRON.

Nature put plenty of iron in the husks of grains and the skin and peels of vegetables and fruits to enrich your blood, but modern methods of cookery throw all these things away—hence the alarming increase in recent years in Anaemia—iron starvation of the blood, with all its attendant ills. When you get up feeling tired in the morning; when you find yourself nervous, irritable and easily upset; when you can no longer do your day's work without being all fagged out at night; when your digestion all goes wrong, or you have pains across the back and your face looks pale and drawn, do not wait until you go all to pieces and collapse in a state of nervous prostration, or until in your weakened condition you contract some serious disease, but consult your family physician and have him take a specimen of your blood and make a "blood count" of your red blood corpuscles, or test the iron-power of your blood yourself by adding plenty

of spinach, carrots, baked apples or other iron-containing fruits and vegetables to your daily food and take organic iron, like Nuxated Iron with them for a while and see how much your condition improves.

Thousands of people have surprisingly increased their strength, energy and endurance in two week's time by this simple experiment. But in making this test be sure that the iron you take is organic iron and not metallic iron or mineral iron which people usually take. Organic iron is like the iron in your blood and like the iron in spinach, lentils and apples, while metallic iron is iron just as it comes from the action of strong acids on small pieces of iron. Organic iron may be had from your druggist under the name of NUXATED IRON.

Your money will be refunded by the manufacturer if you do not obtain perfectly satisfactory results. At all druggists in tablet form only.

NUXATED IRON ENRICHES THE BLOOD GIVES YOU NEW STRENGTH AND ENERGY

DISTRIBUTORS: APOTHECARY HALL, ST THOMAS.

A Proclamation.

BY THE GOVERNOR

OF THE

VIRGIN ISLANDS OF THE UNITED STATES

BY virtue of the authority vested in me, and in view of the fact that LINCOLN'S BIRTHDAY, 12 February, falls on Sunday, I do hereby set apart Monday 13 February, 1922, and proclaim it a public holiday within the Municipality of St. Croix, Virgin Islands of the United States, for the purpose of observing LINCOLN'S BIRTHDAY.

SUMNER E. W. KITTELLE,
Governor.

Government House, St. Thomas, 26
January, 1922.

NOTICE.

FROM this date you can have your floor varnished and waxed by

JAMES HARRIS,
No. 46 Hill Street.

Christiansted 20th. Jan. 1922.

POSTAL NOTICE.

BEGINNING February 1, 1922, in accordance with Postmaster General's order No. 6922 amending Section 488, par. 5, P. L. & R., receipts will be taken for insured parcel post delivered at this office. Addressees will be notified of arrival of this class of mail on form 3849 now used for notification of arrival of registered mail, and will be required to conform with the provisions of the amended regulation.

Post Office, Christiansted, Virgin Islands

B. R. LARSEN, Postmaster.

For Sale

THE Properties No. 12 Western Suburbs \$2,800 U.S.C. and No. 22 B King St. \$1,700 L. S. C.

belonging to Mr. Edward Denton.

Apply to

J. L. JOHANSEN,