

A Proclamation

BY THE GOVERNOR
OF THE
VIRGIN ISLANDS OF THE UNITED STATES

SUNDAY THE FOURTEENTH DAY OF MAY, will be observed throughout the United States as "Mother's Day". Therefore, I, SUMNER E. W. KITTELLE, Governor of the Virgin Islands of the United States, do urge upon every person in the Virgin Islands, on that day, to render some fitting tribute to his or her mother, as the case may be, if such parent be still living or in case she has passed to the life beyond to devote a period of loving thought to her memory. To all of the clergy of the islands, I especially appeal, that they shall give to their respective congregations, on that Sunday, some counsel as to the loving and lofty influence which true motherhood has had upon world uplift.

SUMNER E. W. KITTELLE,
Governor.

Government House,
St. Thomas, 6 May, 1922.

REPORT

OF
DEPOSITS & WITHDRAWALS
AT

THE NEW ST. CROIX SAVINGS BANK

On Saturday the 6th May 1922
RECEIVED:

In Christiansted
A. E. STAKEMANN Trustee.
In Frederiksted

R. E. HIGGINS Trustee.
Balance of deposits to 29th April 1922
\$ 83,718.64

28 Deposits, of which
16 in Christiansted \$ 410.47
(- new)
12 in Frederiksted \$ 62.45
(- new)
\$ 472.92

\$ 84,191.56

17 withdrawals of which
12 in Christiansted \$ 161.36
5 in Frederiksted \$ 76.00
\$ 237.36

Balance of deposits to date \$ 83,954.20
Receivers for Saturday the 13th May 1922

In Christiansted

A. E. STAKEMANN Trustee.

In Frederiksted

R. E. HIGGINS Trustee.
A. E. STAKEMANN,
President.

Thousands Are Nervous Wrecks

Cross, Crabbed and Care-worn

From Weak, Thin Watery Blood

without ever suspecting the real cause of
their trouble — Iron-starvation.

A New York Physician says that MORE THAN ONE HALF THE POPULATION OF AMERICA PERISHES BEFORE MIDDLE AGE and that one of the chief contributory causes of this terrible waste of human life is the devitalizing weakness brought on by lack of iron in the blood.

THERE ARE 30,000,000,000,000 RED BLOOD CORPUSCLES IN YOUR BLOOD AND EACH ONE MUST HAVE IRON.

An enormous number of people who ought to be strong, vigorous and in the prime of life are constantly complaining of weak nerves, headaches, pains across the back, disturbed digestion, shortness of breath, a general "run-down" condition, melancholy, bad memory, etc., when the real cause of all their suffering is IRON STARVATION OF THE BLOOD.

The proof of this is shown by the fact that when organic iron is supplied to their blood, that all their multitude of symptoms often quickly disappear and the very men and women who were formerly so complaining now become strong, healthy and vigorous, with even dispositions and sunny, cheerful natures.

Nature put plenty of iron in the husks of grains and the skins and peels of vegetables and fruits to enrich your blood, but modern methods of cookery throw all these things away—hence the alarming increase, in recent years, in anaemia—iron starvation of the blood, with all its attendant ills.

If you are not willing to go back to nature then you should eat more such iron-containing vegetables as spinach and carrots and reinforce them by taking a little organic iron from time to time. But be sure the iron you take is organic iron and not metallic iron which people usually take. Metallic iron is iron just as it comes from the action of strong acids on small pieces of iron and is therefore an entirely different

thing from organic iron. Organic iron is like the iron in your blood and like the iron in spinach, lentils and apples. It may be had from your druggist under the name of Nuxated Iron.

Nuxated Iron represents organic iron in such a highly condensed form that one dose of it is estimated to be approximately equivalent (in organic iron content) to eating one-half quart of spinach, one quart of green vegetables or half a dozen apples. It's like taking extract of beef instead of eating pounds of meat.

Over 4,000,000 people annually are using Nuxated Iron. It will not injure the teeth nor disturb the stomach. A few doses will often commence to enrich your blood and revitalize your wornout, exhausted nerves. Your money will be refunded by the manufacturers if you do not obtain satisfactory results. Beware of substitutes. Always insist on having genuine organic iron—Nuxated Iron. Look for the letters N. I. on every tablet. At all druggists in tablet form only.

NUXATED IRON ENRICHES THE BLOOD—GIVES YOU NEW STRENGTH AND ENERGY

DISTRIBUTORS: APOTHECARY HALL, ST. THOMAS.

WARNING.

ALL persons are warned against trespassing on the Estates Longford, Castle Nugent, The Springs and La Pres Valois, under penalty of the law.

Shooting and hunting is strictly prohibited and all and every one, found on the properties with firearms will be dealt with according to law.

Christiansted, St. Croix, May 8th 1922.

A. E. STAKEMANN,
Administrator of S. Jorgensen's and widow's estate.

LOST

On the Wharf on Sunday evening a LEATHER PURSE containing the following: 1 American One Dollar bill, 1 Post Office box key, 1 English Coin and other money, 1 Identification Tag and some Postal Insurance receipts. The owner who is particularly desirous of recovering these articles, would be glad if the finder would leave same at "The Avis" Office where a liberal reward will be given.

Just Received

Ex S. S. "Marlinique"
"Delight" Brand

CONDENSED MILK

c/s 48 cans \$7.50

EVAPORATED MILK

c/s 48 cans \$6.50



USE "DELIGHT" BRAND MILK FOR ITS PURE AND UNIFORM FLAVOR & EXCELLENT QUALITY.

A SELECT ASSORTMENT OF CIGARS

from

J. M. Gonzalez & Company,
Santurce, Porto Rico.

A TRIAL WILL CONVINCE YOU OF THE QUALITY OF THESE CIGARS.

RAMSAY COOGAN & CO. INC.