



GOVERNMENT OF
THE VIRGIN ISLANDS OF THE UNITED STATES

-0-

DEPARTMENT OF SPORTS, PARKS AND RECREATION

3000 LBJ GARDENS
CHRISTIANSTED, ST. CROIX, USVI 00820



OFFICE OF
THE COMMISSIONER

Phone: (340) 773-0160
(340) 773-0271
Fax: (340) 773-3150

ST. CROIX'S BATTLE OF THE AGENCIES SATURDAY, APRIL 18, 2015

(St. Croix, US Virgin Islands, April 14, 2015) On behalf of the Department of Sports, Parks & Recreation who strategically partnered with the Division of Personnel, we are thrilled to host the Virgin Islands Government Agencies in our first annual Battle of the Agencies Fitness Challenge-St. Croix, this coming Saturday, April 18th at 7 a.m.

Please make sure all team members are appropriately dressed in athletic clothing, i.e., sneakers, hats if u need to, shades, sunblock, appropriate socks, pants and shirts. Agencies with more than one team cannot wear the same color shirt for both teams. Our department must be able to differentiate between team A&B . In order to prevent any rope burns or marks on one's hand from the tug-o-war and tire flip challenges, it is strongly recommended that your team wear gloves. The department will NOT provide this. It is the responsibility of teams to do so if they wish. **Agency heads or representatives must partake in at least one event.**

All teams MUST report to the bleachers at the D.C Canegata Ballpark for 7am, Instructions and a briefing of the day will be given. The Good Morning relay race will begin at 7:30am and at 9 am we will have our opening ceremonies, Invocation and remarks. Following the opening ceremonies in order will be the; Tire Flip, three legged race, double dutch, tricycle race, tug-o- war ending with the obstacle course. Only the 5 top teams make it to the obstacle course. The top three teams will receive trophies with the 1st place agency walking away with the top trophy and ultimate bragging rights.

The fitness challenge will consist of these seven different components:

- 6 Person Relay Race(3 females/3 males)
- Tricycle Relay Race(2 females/2males)
- Three Legged Race (2 females/2males)
- Water Run (2 females/1 male)
- Double Dutch (2 females/1male)
- Tire Flip (6 ppl-at least 2 females)
- Obstacle Course (Top 5 teams will participate in the finals-2 females/2males)

There will be free CIGNA health screening and nurses that will be there to answer and assist any health related questions or concerns.

For any further questions please feel free to contact Carita Stevens; caritastevens@yahoo.com or 340.244-1924,340.773-0160

Youth Community Coordinator

8201 Sub base, Suite 206 Phone: (340) 774-0255

Charlotte Amalie, St. Thomas V.I. 00802-5805 Fax: (340) 774-4600

###