

Is Your Blood Starving For Want of Iron?

**Without Plenty of Iron In Your Blood
You Don't Get the Strength and
Nourishment Out of the Food You Eat**

When over-work, lack of sleep, improper food and impure air sap the iron from your blood and make you feel weak, nervous, irritable and out-of-sorts, it is important that you should at once put more iron into your blood. Without iron the blood loses the power to change food into living tissue and therefore nothing that you eat does you the proper amount of good because you don't get the full strength out of it. Your food merely passes through your system like corn through a mill with the rollers so wide apart that the mill can't grind. Because of this steady starvation of the blood and nerves people often become weakened, tired-out, nervous and rundown and frequently develop all sorts of symptoms. But the moment organic iron—Nuxated Iron—is supplied, a multitude of dangerous symptoms disappear in most cases, the flesh becomes firmer, the muscles get back their strength and the roses of health-bloom in cheeks that were pale and sickly looking.

No matter what other so-called remedies you may have tried, if you are not strong, vigorous, hearty and well, you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next, take two five-grain tablets of ordinary Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. You can obtain Nuxated Iron from your druggist on the distinct understanding that if you are not fully satisfied your money will be refunded. For sale at all good drug stores.

IN THE DISTRICT COURT OF THE VIRGIN ISLANDS
OF THE UNITED STATES, CHRISTIANSTED SUB-
JUDICIAL DISTRICT.

IN THE MATTER OF THE ESTATE OF
ALICE M. POULSEN, DECEASED.

NOTICE is hereby given that the undersigned has been appointed Executor of the estate of ALICE M. POULSEN, Deceased.

All persons having claims against said estate are hereby notified to present same to the undersigned at his office, No. 59 King Street in Christiansted, with the necessary proofs, within 6 months from the date of this notice.

Parties indebted to the said estate are requested to make payment to said A. E. STAKEMANN.

Christiansted, St. Croix, V. I. U. S.,
this 4th day of March 1924.

A. E. STAKEMANN,
Executor.

Eight Days More At Christiansted.
FROM WEDNESDAY 26th.

CALL and see me at No. 4 Hospital Street, Christiansted, and get the right Lenses fitted to your eyes before I leave.

JOHN R. MAYHEW, Opt. Dr.

A 10-Day Tube is **FREE** Send the Coupon



Film May Attack Your teeth tonight—while you sleep

There's a film on your teeth—a viscous film. It clings to teeth, enters crevices and stays.

While you sleep, acids may be formed in it. Most tooth troubles, most cloudy teeth, are due to film.

This is to tell you how to combat it, and offer a convincing test.

Film troubles

Film absorbs stains, making the teeth look dingy. It is the basis of tartar. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Germs breed by millions in it. They, with tartar, are the chief cause of pyorrhea. That's why so few have escaped tooth troubles, despite all care.

New ways found

Dental science, after long research, has found two ways to fight film. One acts to curdle film, one to remove it, and without any harmful scouring. Able authorities proved those methods effective. Then a new-type tooth paste was created, based on modern research. Those two new film destroyers were em-

bodied in it. That tooth paste is called Pepsodent.

Fights acids too

Pepsodent also multiplies the alkalinity of the saliva. That is there to neutralize mouth acids, the cause of tooth decay.

It multiplies the starch digestant in the saliva. That is there to digest starch deposits which may otherwise ferment and form acids.

Thus every use gives manifold power to these great natural tooth-protecting agents.

World-wide use

Careful people of some 50 nations now use Pepsodent, largely by dental advice. Wherever you look you see the results. Teeth glisten as they should.

Watch the results on your own teeth. Note how clean the teeth feel after using. Mark the absence of the viscous film. See how teeth whiten as the film-coats disappear.

The results will surprise and delight you. You will never again go without them. Cut out this coupon now.

Protect the Enamel

Pepsodent disintegrates the film, then removes it with an agent far softer than enamel. Never use a film combatant which contains harsh grit.

Pepsodent
TRADE MARK

The New-Day Dentifrice

A scientific tooth paste based on modern research, free from harmful grit. Now advised by leading dentists the world over. On sale everywhere in two sizes.

10-Day Tube Free

1148Ex.

THE PEPSODENT COMPANY,
Dept. W4-6, 1104 S. Wabash Ave.,
Chicago, Ill., U. S. A.
Mail 10-Day Tube of Pepsodent to

Only one tube to a family.