

St. Croix Avis.

76TH YEAR.

CHRISTIANSTED, V. I. U. S. A., SATURDAY MAY 19, 1922.

120

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Contribution to this paper will be gladly received when the same deals with matters of general interest, and is accompanied with the author's name, as a guarantee of good faith. The editor cannot be responsible for the views of his correspondents nor does he necessarily endorse them

REPORT

OF

DEPOSITS & WITHDRAWALS
AT

THE NEW ST. CROIX SAVINGS BANK

On Saturday the 20th May 1922

RECEIVERS:

In Christiansted

A. E. STAKEMANN Trustee.

In Frederiksted

R. E. HIGGINS Trustee.

Balance of deposits to 13th May 1922
\$ 84,163.16

21 Deposits, of which

10 in Christiansted \$ 102.64

(2 new)

11 in Frederiksted \$ 103.65

(1 new)

\$ 206.29

\$ 84,369.45

9 withdrawals of which

6 in Christiansted \$ 98.94

3 in Frederiksted \$ 99.00

\$ 197.94

Balance of deposits to date \$ 84,171.51

Receivers for Saturday the 27th May 1922

In Christiansted

A. E. STAKEMANN Trustee.

In Frederiksted

R. E. HIGGINS Trustee.

A. E. STAKEMANN.
President

Active Middle Age May Beat Youth

Medical Science proves blood rich in iron to be a secret of great strength, energy and endurance

You may be a better man at 50 than the husky stripling of 25 if you take care of yourself and **KEEP YOUR BLOOD FILLED WITH IRON.**

In an account of a severe mountain climbing test, a New York newspaper states that 20 per cent of those who accomplished the feat were 44 years and over.

Prize-fighters, wrestlers and athletes have learned the value of plenty of plain coarse foods in their training as such a diet helps supply their blood with iron.

THERE ARE 30,000,000,000,000 RED BLOOD CORPUSCLES IN YOUR BLOOD AND EACH ONE MUST HAVE IRON.

Nature put plenty of iron in the husks of grains and the skin and peels of vegetables and fruits to enrich your blood, but modern methods of cookery throw all these things away—hence the alarming increase in recent years in anaemia—iron starvation of the blood, with all its attendant ills. When you get up feeling tired in the morning; when you find yourself nervous, irritable and easily upset; when you can no longer do your day's work without being all fagged out at night; when your digestion all goes wrong, or you have pains across the back and your face looks pale and drawn, do not wait until you go all to pieces and collapse in a state of nervous prostration, or until in your weakened condition you contract some serious disease, but consult your family physician and have him take a specimen of your blood and make a "blood count" of your red blood corpuscles, or test the iron-power of your blood yourself by adding plenty of spinach, carrots, baked apples or other iron-containing fruits and vegetables to your daily food and take organic iron, like Nuxated Iron with them for a while and see how much your condition improves.

Thousands of people have surprisingly increased their strength, energy and endurance in two week's time by this simple experiment. But in making this test be sure that the iron you take is organic iron and not metallic iron or mineral iron which people usually take. Organic iron is like the iron in your blood and like the iron in spinach, lentils and apples, while metallic iron is iron just as it comes from the action of strong acids on small pieces of iron. Organic iron may be had from your druggist under the name of NUXATED IRON.

Your money will be refunded by the manufacturer if you do not obtain perfectly satisfactory results. At all druggists in tablet form only.

NUXATED IRON ENRICHES THE BLOOD—GIVES YOU NEW STRENGTH AND ENERGY

DISTRIBUTORS: APOTHECARY HALL, ST. THOMAS.

TELEGRAMS.

ST. CROIX STATION.

Peking, May 21st. — The solution of the problem relative to the interior of China depends on the result of the Military operations North of Tientsin, where the armies of the two generals are now facing each other.

Cidiz, May 21st. — The Austrian ex-Empress Zita arrived here yesterday and proceeded to Madrid.

Brussels, May 21st. M. Jaspa, head of the Belgian delegation at the Genoa Conference, declared today to Press representatives that Belgium will continue to defend at the Hague the principle of the rights of property. Although, he said, the conference had not succeeded in bringing about the restoration of Europe, important solutions had been found for certain economic and financial problems and also for the question of transport, and finally a step had been taken to-

wards peace, since the Soviet delegation had accepted the non-aggression pact.

Trieste, May 21st. King Victor Emanuel arrived here today on an official visit, accompanied by Queen Helena and their daughters, this being his first visit since the signing of the armistice.

JUST ARRIVED! JUST ARRIVED

FROM GERMANY

BIG SHIPMENT OF

SHADES for Electric Light,

HANDPAINTED SHADES,

CRYSTAL SHADES,

Very Cheap.

EINAR SVENDSEN.

Authorized Fitter of Electric Installations.