

ANNOUNCING GOOD THINGS

AT

Merwin's Ice Cream Parlour.

G. Havinden & Co's. **CHOCOLATE & CONFECTIONERY** consisting of Delicious

Apricots & Cream, Peaches Melba, Turkish Delight, Chocolate Idyllesia, Chocolate Strawberry Cream, Nougat Montelimar, Chocolate Almond Crisps, Coffee Creme Walnuts, Assorted Chocolates, Malted Milk Nut Chocolate, After Dinner Mints, Angelus Marshmallows.

The Old Reliable VI COCOA
in $\frac{1}{4}$ and $\frac{1}{2}$ lb. Tins.

COLORS SUGAR DUST for Cakes,
HORLICK'S MALTED MILK
in 1 & 5 lb. Jars.

ICY-HOT LOTTLES & FILLERS.

CARAFFES AND JARS—just the things you are looking for—a useful present for birthdays and other occasions.

WATER COOLERS,

SOAPS & PERFUMERY,

Klinodonto & Colgate's Tooth Paste,

SMELLING SALTS,

MANICURE SETS, various sizes.

EYE BROW PENCILS,

HAIR BRUSHES,

SHAVING BRUSHES,

SPONGES,

FETY RAZORS—Gillette, Durh.

Duplex, Ever Ready.

PLAYING CARDS,

Cigars, Cigarettes, Smoking & Chewing Tobacco, Pipes.

FLY SWATTERS & FLY KILLERS,

COLORITE DYES,

SOLID ALCOHOL STOVES,

Nasator Menthol Inhalers 10c. each,

Dog Collars and Leads,

STATIONERY,

Pens, Pencils, and Penholders, Writing Pads, Writing Cabinets containing Envelopes and Paper.

REFRESHMENTS

Hot Chocolate and Coffee, Pancakes, Ice Cream, Ice Cream Soda, Sundaes,

COLD BEER.

For Sale

The Properties No. 12 Western Sub
urbs \$800 U. S. C..

and
No. 22 B King Street \$1000 U. S. C.

Belonging to Mr. Edward Denton.

J. L. JOHANSEN.

Active Middle Age May Beat Youth

Medical Science proves blood rich in iron to be a secret of great strength, energy and endurance

You may be a better man at 50 than the husky stripling of 25 if you take care of yourself and **KEEP YOUR BLOOD FILLED WITH IRON.**

In an account of a severe mountain climbing test, a New York newspaper states that 20 per cent of those who accomplished the feat were 44 years and over.

Prize-fighters, wrestlers and athletes have learned the value of plenty of plain coarse foods in their training as such a diet helps supply their blood with iron.

THERE ARE 30,000,000,000,000 RED BLOOD CORPUSCLES IN YOUR BLOOD AND EACH ONE MUST HAVE IRON.

Nature put plenty of iron in the husks of grains and the skin and peels of vegetables and fruits to enrich your blood, but modern methods of cookery throw all these things away—hence the alarming increase in recent years in Anaemia—iron starvation of the blood, with all its attendant ills. When you get up feeling tired in the morning; when you find yourself nervous, irritable and easily upset; when you can no longer do your day's work without being all fagged out at night; when your digestion all goes wrong, or you have pains across the back and your face looks pale and drawn, do not wait until you go all to pieces and collapse in a state of nervous prostration, or until in your weakened condition you contract some serious disease, but consult your family physician and have him take a specimen of your blood and make a "blood count" of your red blood corpuscles, or test the iron-power of your blood yourself by adding plenty

of spinach, carrots, baked apples or other iron-containing fruits and vegetables to your daily food and take organic iron, like Nuxated Iron with them for a while and see how much your condition improves.

Thousands of people have surprisingly increased their strength, energy and endurance in two week's time by this simple experiment. But in making this test be sure that the iron you take is organic iron and not metallic iron or mineral iron which people usually take. Organic iron is like the iron in your blood and like the iron in spinach, lentils and apples, while metallic iron is iron just as it comes from the action of strong acids on small pieces of iron. Organic iron may be had from your druggist under the name of **NUXATED IRON.**

Your money will be refunded by the manufacturer if you do not obtain perfectly satisfactory results. At all druggists in tablet form only.

NUXATED IRON ENRICHES THE BLOOD—GIVES YOU NEW STRENGTH AND ENERGY

DISTRIBUTORS: APOTHECARY HALL, ST. THOMAS.

AUCTION.

At the request of Lawyer D. H. JACKSON on behalf of MR. GUILLERMO EDWARDS will be offered for sale at a public auction to be held at the property No. 21 King Street in the Town of Christiansted on

SATURDAY

the 29th April 1922,

AT 1 O'CLOCK P. M.

His stock in trade consisting of General Merchandise.

—ALSO—

DRY GOODS AND READY-MADE CLOTHING;
HABERDASHERY NOTIONS;
TIN WARE & CROCKERY

Etc., Etc.

Christiansted Vendue Office, St. Croix,
April 24, 1922.

C. H. PAYNE,
Vendue Officer.

Fee: Frs. 10.00 }
Say Ten Francs }

Notice.

ANY tax payer of this island whose interests may be affected by the application of the proposed Tax Ordinance who may desire to appear before the Committee of the whole Council in connection therewith is invited to submit his request in writing to the Chairman of the Council, addressed to the Colonial Council Office.

The Committee meets Monday, May 8th at 2 o'clock p. m. in the Council Chamber, Christiansted.

ROBT. L. MERWIN,
Chairman.

**BEAVER BRAND
FAMILY FLOUR**

ALWAYS GOOD.

ORDER DIRECT

R. A. CADE, INC.,

6 Broadway,
New York, N.Y.